



Last October, the Portuguese Dental Hygienists Association - **APHO** held its 20th Congress, an event that took place in Lisbon and was chaired by Dr. Carlos Lopes, President of the Organizing Committee.

It was a return to the face-to-face format and in a very positive way, with around 230 participants, including delegates, speakers and exhibitors from renowned brands in the pharmaceutical and dental equipment industry.

In addition to high-level lectures in the areas of Implantology, Oral Health Vs General Health, Behavior Change and Patient Anxiety Management, Biodegradability and Sustainability in current clinical practice, and addressed the work of the Oral Hygienist in the National Health System. Also, included a contest of scientific posters and an award to the best poster.

During the Congress, we highlight the Solemn Opening Session, with the intervention of elements from APHO, the Chairman of the OMD - Order of Dentists, representatives of ACSS - Central Administration of the Health System and SPEMD - Portuguese Society of Stomatology and Dental Medicine.

Two musical moments followed, from Tuna Académica Dentária de Lisboa (TADEL) and fado accompanied by guitar, a permanent tribute from the 2020 and 2021 Oral Hygienist Awards.

Two Oral Hygienists were also honored with the title of Honorary Members of APHO and, of course, the lively Congress Dinner, a moment of animation and healthy interaction, could not be missed.

This Congress ended with the election of the APHO social bodies for the next four years with Dr. Fátima Duarte as President.

APHO members are already working hard for a higher success of the 2022 21st Congress.





Associação Portuguesa de Higienistas Orais